

SEL

SOCIAL EMOTIONAL LEARNING

PROBLEM

Students, parents/guardians, and teachers alike are being forced into an unfamiliar educational climate in quarantine due to COVID-19, intensifying an already stressful environment, which can lead to posttraumatic stress scores 4x higher than if students were not quarantined¹.

SOLUTION

Unlike other SEL training, elevatEd Classrooms™ SEL series is a holistic training, created to meet the needs of the teacher, parents and students, it is an engagement for the whole educational community.

TRAINING

Our team of educators, public health experts, and development specialists has created a Social Emotional Learning (SEL) Professional Development Series for your whole educational community. This PD series provides collaborative experiences that allow you as an educator to adapt your materials to address social and emotional health concerns and engage students even from a distance.

¹ Sprang, G., & Silman, M. (2013). Posttraumatic stress disorder in parents and youth after health-related disasters. *Disaster medicine and public health preparedness*, 7(1), 105–110.

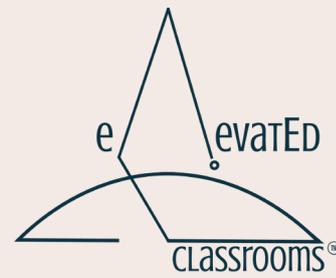
As we readjust and reimagine the world in response to the volatile events of 2020, we have only become more dedicated to our future, to our students.

An unintended consequence of virtual and hybrid learning has been an increased integration of households to support student learning at home, which requires seamless synergistic effort between the whole educational community.

According to (CASEL Guide to Schoolwide SEL), schools are more effective with SEL when cultivating competencies with both students and adults. For this reason, we are also focusing on the growth of teachers and parents to foster a positive at-home school community.

This PD is thus not only offered to you as educators but to parents and students as well to create a holistic approach that will most effectively support our students. We value your dedication to the future and we are here to make sure your students feel and receive that dedication to the fullest.





ADMINISTRATION CONSULT

30 minutes

- Meet with our team to help us understand your school's unique goals so that we can create custom training for your whole educational community
- Learn more about how we facilitate our interactive, custom SEL training
- Opportunity for questions

TEACHER TRAINING

3.5 hours

- Empower your teaching and educational staff with a deep dive into the social and emotional skills required to navigate school and life during a pandemic, as well as the next normals
 - Build an emotionally supportive classroom environment, both online and in-person.
 - How do we emotionally support students online?
 - Transform existing lessons and procedures for virtual environments
 - Emotional well-being, coping skills, social connection for the whole child
 - Supporting communication synergy between households and classrooms
- + Includes 30 minute Q&A

PARENT & GUARDIAN TRAINING

1 hour

- Facilitate meaningful partnerships and two-way communication that invite and include families in the whole educational community
- Guided discovery into the rationale for social emotional learning and teaching to the whole educational community
- 'This is why we're teaching your children this way'
 - Interactive online engaging learning
- Supporting communication synergy between households and classrooms
 - How you can support from home

FAMILY TRAINING

30 minutes

- Student buy-in for social emotional awareness
- Tips and tricks for students' emotional well-being, coping skills, social connection (SEL skills)
 - Growth mindset
 - Responsible decision-making
 - Set and achieve positive goals
 - Self-care and self-awareness
 - Understand and manage emotions
- The family can sit down and do this at their convenience

**Q&A sessions for parents, Community Engagement Workshops & Co-Lesson Design Workshop can all be added-on